

Feedback tool for autistic adults and/or their families

Introduction

The Capabilities Statement for social work with autistic adults talks about the important things social workers need to be able to do to support autistic adults well.

This tool has been made for autistic adults to tell their social work teams if social workers have worked well for them or not.

You can download or print a copy of this form to fill in.

You should not let someone else fill it in for you, your carer or your family member, but you can use support to help you write if you need to.

This is so it says what you really think about using social work services.

When you have finished filling in this form you should give it back to the social work team.

The capabilities statement and the easy read version of the statement are [here](#).

How the tool works

This feedback tool has three sections. These are:

Purpose:

What is social work for

Practice:

How social workers should carry out their job

Impact:

The difference that social workers make

Each section has a different colour.

There are 14 questions.

You do not have to answer any of these questions you do not want to.

You do not need to give your name unless you would like your social worker or their manager to see this feedback.

Social work with autistic adults

Feedback tool for autistic adults and their families



If you want the manager to know about what you have written in your feedback tick this box and write the name of the social work team.

Why are we asking for this information?

To find out about what you think about social workers and how they have worked with you. This is to make services for autistic adults better.

Answering these questions will help social workers to:

- think about the way they are working
- understand what autistic people and their families think about the support they give autistic people
- find out what they need to do differently
- understand what they need to learn to give better support
- learn from the Capabilities Statement for social workers to become better at supporting autistic people

SECTION 1: PURPOSE

The **Purpose** section says how social workers should think about what is right and wrong and how they should deal with peoples' rights.

1. Did you feel listened to and understood by your social worker?

This could be the social worker understanding your life, what is important to you, what you like or what problems you have

Answer using a scale of 1-5



1 **2** **3** **4** **5**
Not at all Sometimes Fully

Your answer on a scale of 1-5:

Any other comments:

2. Did your social worker find out from you about the things you like or enjoy?

Yes No

What would you like them to do differently next time?

3. Did your social worker talk about what makes it hard to do things you like or enjoy?

Yes No

What would you like them to do differently next time?

4. Did the social worker explain to you what your rights are?

Explanation: A right is something you do or have that no one should take away. This includes being treated fairly and with dignity. The Government and all public services must respect your rights.

Your rights include not being treated unfairly because:

- your race,
- your religion
- whether you are a man or woman
- whether you are straight or gay
- your age
- your political views,
- if you are disabled
- if you are transgender
- if you are married or not
- if you are pregnant.

Here is a list of some of your rights. Tick the box next to the ones your social worker gave you information about:

- Right to an assessment of your needs that asks about your autism and how it affects you
- Right for that assessment to be done by someone with the skills, understanding and knowledge of autism to do that assessment well
- Right to an independent **advocate** if you need one. An advocate is someone on your side outside of your family
- Right to private and family life, your home, your letters and emails
- Right to freedom and safety
- Right to not to be abused
- Right to have your voice heard, be involved and understood
- Right to complain

• Human Rights taken from:

www.equalityhumanrights.com/sites/default/files/human-rights-act-learning-disabilities.pdf

• Rights to an assessment taken from:

www.autism-alliance.org.uk/wp-content/uploads/2019/04/Know-your-rights-easyread.pdf

5. How did the social worker support you with making decisions?

These could be decisions about

- Where I live
- Support I need
- Managing my money
- Parenting
- Meeting other people
- Work
- Activities I enjoy doing
- Changes in my health
- Changes in my medication

Tick the boxes next to the options that apply:

- Asking you to tell them what you needed to make a decision
- Gave you information in a way that was easy for you to understand
- Wrote questions down
- Used pictures or symbols to help you make the decision
- Involved an advocate or someone else you trust
- Gave you time to think about information
- Listened to you
- Asked you questions that helped you to make a decision

Are there any other ways they helped you to make a decision?

6. Did the social worker explain how to get the support you should have?

(Answer using a scale of 1-5)



- 1** No explanation **2** **3** Some explanation **4** **5** Full explanation

Your answer on a scale of 1-5:

Any other comments: