



**Professional Support Service**

# Supporting you... As you support others

Scotland

**The Social Work Professional Support Service is designed by and for social workers to support, and be supported, by colleagues across the profession.**

This free and confidential service offers an essential space for social workers at any stage of their career to talk through personal and professional challenges and to find solutions and ways forward, supported by a volunteer coach who is also a social worker. You can access video or telephone sessions with a trained volunteer coach who understands the challenges faced by the social work community.



### Benefits of using the service...

- Free peer support
- Space to look after you whilst you look after others
- Positive solutions to workplace and personal issues



### How to join...

Follow the website link below. You can then choose a coach you think best suits your needs and set up a session that works at a time for you.



### Become a volunteer coach....

If you want to develop and learn new skills as part of your continuous professional learning, you can train to become a volunteer coach, to share your compassion, and expertise with other social workers who need it. Visit the website link below and find out more about how to apply.



"I would highly recommend to anyone who needs direction in their professional life. Talking with someone who is objective and independent can help us to realise what else we are capable of doing and how we can do things differently".



"The Coach I had was very experienced and knowledgeable in the issues related to social work practice and the impact these can have. I was able to explore these confidently and was able to utilise the outcome successfully. The Coach had a very warm and empathetic approach and this helped a great deal".

**SASW**  
The professional association for social work and social workers

Visit: [www.basw-pss.co.uk/scotland](http://www.basw-pss.co.uk/scotland)  
Email: [supportservices@basw.co.uk](mailto:supportservices@basw.co.uk)

We're here to listen...

working in partnership with

